High school juniors prepare for SAT

In a recent assembly with Guidance Counselor, Mrs. Linda Archer, using a film explained the Admissions Testing Program, a program of the College Board, a non-profit organization that provides tests and other educational services for students, schools and colleges.

Students who anticipate entering four-year or junior colleges received materials explaining the Scholastic Aptitude Test which is the college entrance examination required by many post-secondary institutions. Included in the packet of material is an application for taking the SAT which will be administered on Saturday, May 3, at several locations in Lynchburg. Deadline for mailing the application is March 28.

For interested students planning to take the SAT on May 3, classes are being conducted at ACHS on Tuesday and Thursday mornings from 8:00 a.m. to 8:45 a.m. Mrs. Ruth Cowan is helping students prepare for verbal reasoning of the SAT, and Mrs. Mary Turner is conducting classes for preparation of the mathematical section of the test. Students who have missed the first meetings of the classes are still invited to join. The only cost for the classes is a $6.00 textbook fee. Contact the Guidance Department for more information.

MRS. RUTH COWAN introduces students to sample questions measuring verbal reasoning of the SAT.

Mrs. Keesee speaks on flower arranging

The Concord Garden Club held its March meeting in the home of Mrs. C. R. Carson with Mrs. M. M. Roberts as co-hostess. Mrs. Carson gave the devotions, using the 111th Psalm and a poem "God's Gift (A Rose)"

There were 11 members present and one guest.

Mrs. C. F. Keesee, of the Sunshine and Flower Garden Club of Rustburg was guest speaker. She used "Japanese Flower Arranging" as her subject and illustrated both with charts and real arrangements.

A committee was named to select a member of our club to be honored this year with a Life Membership. The committee is Mrs. Emma Mae Bround, chairman, Mrs. C. R. Carson and Mrs. Hazel Goff.

Results of the day's judging, "Still Waters", Mrs. J. W. Pratt, Red, Mrs. Kelly Webb, Blue; Wax Begonia Plant - Red, Mrs. C. F. Jones; Pansy, Yellow, Mrs. J. W. Pratt.

New waitress at grill

Editor's note: the following poem was submitted by Harry Ferguson, local poet and cultural observer.

A beautiful little girl,
I just met
She is a waitress at the grill,
and a brunette.
Just enter the door,
She's right on the floor
Ready for your order and
Greets you with a big smile.
Makes sure you're served
In a short while,
Has a personality
That's hard to beat.

She's a real waitress
At the grill on Church Street.
Always smiling
And never a frown,
Certainly encourages
The customers to be around.
Constantly on her feet,
she enjoys serving the
Customers while they eat.
When they have finished
And ready to go,
She ask, "is everything OK".
She really wants to know.
Her name is Rhonda,
A waitress of the best.
Now, visit the grill
And you'll learn the rest.

Alice/Kyle district meeting to be held in Appomattox

The Alice-Kyle District, a member of the Virginia Federation of Women's Clubs and General Federation of Women's Clubs, will hold its annual Spring District Meeting at the Appomattox County High School March 29.

Mrs. Ruth Henderson, District President, will preside over the General Session which will begin at 10:00 a.m. Among items on the business agenda will be the election of the 1980-82 slate of officers for the District. Mrs. Virginia Wh- Kehouse of Lynchburg will install these new officers at the end of the session. Also, during this meeting, will be the presentation of Department and Division Awards by Mrs. Margaret Jones and Mrs. Carolyn Thompson, Awards Chairmen.

Club contest First Place winners for the Arts and Crafts Divisions will have their entries displayed in the District Contest. First-place winners on the District level will go on to enter their works of art at the Virginia Federation Convention in April. The convention which will be held at the Omni Hotel in Norfolk will be April 9 - 11.

Hostessing clubs for this Spring District Meeting are the Appomattox Woman's Club and the Junior Woman's Club of Appomattox.

Mrs. John Spahr and Mrs. Robert C. Moore, Jr. of Appomattox are serving as Co-Chairmen of Arrangements.

Shower honors Miss Hughes

Miss Doris Hughes, bride-elect, was guest of honor at a lingerie shower given by Miss Nancy Stratton last Thursday evening at the Stratton home.

Also attending were Mrs. Thelma Hughes, mother of the bride, and Mrs. Ann McClarey, mother of the groom.

The marriage of Miss Hughes to Mr. Paul McClarey will take place at 2 o'clock, on April 12, 1980, at Liberty Baptist Church.

Couple honored

Miss Alice Faye Franklin and Mr. James A. Burks, Jr. were honored Saturday, March 15, 1980 at the New Hope Baptist Church.

Hostesses for the occasion were Mrs. Becky Bryant, Mrs. Jean Brown, Mrs. Mary Bryant and Mrs. Shelly Bryant. Guests included Mrs. Thelma Franklin, mother of the bride-to-be, and Mrs. Cecil Burks, mother of the groom-to-be, and friends and relatives.

They received many nice gifts.

For results — go classified

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Prevent the spread of mildew

By SHIRLEY W. WALTON
Extension Agent

Mildew is a problem in areas where humidity is high. With an above average rainfall this winter, many homemakers have requested help with mildew problems. This information is being reprinted to assist you with your questions regarding how to handle mildew problems in your home.

Molds which cause mildew are always in the air, but need moisture to grow. Mildew leaves a musty odor, discolors fabrics and sometimes causes fabrics to rot. Molds develop most often on cotton, linen, rayon, silk, wool, leather, wood and paper. Damp, dark, warm and poorly aired cellars, crawl spaces, clothes closets, draperies and rugs in basements, shower curtains, clothes stored when damp and/or dirty are all perfect environments for mildew growth.

Control causes of dampness--replace cracked or defective mortar around the house. Check to see that drainage is adequate. Consider waterproofing concrete and other masonry walls above the ground. Seal absorbent brick and other surfaces. Prevent moisture from entering crawl spaces by spreading a layer of moisture barrier material over the soil under the building.

Good ventilation helps remove moisture. When outside air is dryer than inside air, it absorbs excess moisture. Use an electric fan to circulate air if natural breezes are not sufficient. Air conditioners take up warm air, cool it, and circulate the cool air back into a room. A dehumidifier helps control humidity. When using an air condition or dehumidifier, keep windows and doors closed.

If the house if very damp and musty, turn the heat on for a short time. This may help. Then open the doors and windows to let the moist air out. A light burned in a closet helps dry this area.

Keep closets, dresser drawers, basement, bathrooms and other susceptible areas as clean as possible. The method will depend on the surface. Some may require regular care with detergents or soap suds and others need special cleaners. There is a special spray sold locally at building supply places that will kill mildew spores.

Prevent mildew growth on home furnishings and clothing--store garments and furnishings only when clean and dry. Even many man-made fibers which resist mildew must be kept clean because soil on them, under the right conditions, can start mildew growth onto other fabrics.

When you discover that you have mildew, the faster you move to get rid of it, the better the chances are of removing it successfully. Most wall coverings will rot or permanently stain if exposed to mildew for any length of time.

Wall surfaces can be washed with the following solution: ½ cup powdered household cleaner that contains tri-sodium phosphate (but no ammonia), ½ cup chlorine bleach in 1 gallon water. A milder solution of 1 cup chlorine bleach to a gallon of water can be used to eliminate musty odors on wall coverings.

If mildew has already

Good news for homemakers

appeared in your home, say on clothing or household fabrics, remove spots because it can weaken material. Begin by brushing off mold outdoors so that mildew spores do not scatter in the house. Any washable fabrics that have mildew on them can be pre-treated by rubbing a detergent into the dampened stain. Then launder the items in hot water and chlorine bleach if safe for the fabric. Should the stain remain, sponge with hydrogen peroxide, rinse and launder. If not bleach safe, soak items in an oxygen bleach according to the directions, then wash.

Upholstered pieces, mattresses, rugs and carpets need to be treated differently since mildew can penetrate deeply. When possible, start by taking the mildew item outside and brush mold away with a broom. Using the upholstery attachment of a vacuum cleaner, run it over the surface to draw out more mold. Remember mold spores are going into the vacuum so dispose of the bag or sweepings outside to avoid scattering mold spores. If the article is still damp, dry it with an electric heater or fan. Sun and air thoroughly to stop mold growth. If mildew remains on upholstered furniture, wipe it with a cloth wrung out of a dilute alcohol solution (1 cup denatured or rubbing alcohol to 1 cup water). Dry the article thoroughly. Sponge mildewed rugs and carpets with rug shampoo or use an electric shampoo machine. If possible, let the article dry in the sun.

Wipe mildew from leather with a cloth wrung out of dilute alcohol solution. Dry in a current of air. Use a fan for better circulation. If mildew remains, wash with saddle soap. Wipe with a clean cloth and dry in an airy place.

Sunshine and fresh air are definitely the homemakers friends when they have any problem with mildew. The secret is getting rid of mildew odors and stains is to tackle the problem immediately. Don't save this job until later, because the more you save it, the more the spores will grow.

If you have a homemaking question or problem, you may call us at 352-8244 or write us at P. O. Box 488, Appomattox, Va. 24522.

Homemakers, have a good week!

RECIPE OF THE WEEK
Hazel's Stir-N-Roll Biscuits

2 cups flour--all purpose
3 tsp. baking powder
1 tsp. salt
*2 cups self-rising flour may be used for the above 3 ingredients
⅓ cup cooking oil
⅔ cup milk (skim milk will save calories)
Heat oven to 475°.
Sift together flour, baking powder and salt. Pour oil and milk into measuring cup. Do not stir. Pour all at once into flour. Stir with fork until mixture cleans sides of bowl and rounds into a ball. Knead dough about 10 times. Press out ¾ inch thick with hands and cut with cutter or pinch off and make biscuits. Bake 10 minutes. 16 biscuits 85 calories each. 12 biscuits 125 calories each.

Many thanks to Hazel Saunders for sharing this delicious recipe. Watch next week's paper for a delicious Hamburger Pie recipe which uses this recipe.

Bake sale slated for Sat.

There will be a bake sale in front of Kings Supermarket, and a car wash at Farmers National Bank from 10 a.m. to 4 p.m. this Saturday (March 22).

Proceeds from the two events will go to benefit the Appomattox County High School Library Club.

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Dear Mom,
I'm really glad
you've decided to live in
Westminster-Canterbury

You couldn't have picked a nicer place to live. I'm really impressed with how well it is being designed and decorated. The library, chapel, and the recreational areas are fantastic! I sure didn't expect to find antiques, did you?

I'm glad you and I took the time to go to that tea for future residents of Westminster-Canterbury. I'm more convinced than ever that its greatest asset will be the people who live there. What a bunch of friendly, pleasant, intelligent men and women. It was almost as if they had been invented to be good neighbors and bridge partners, conversationalists and fellow gardeners! To me, this is another real advantage of Westminster-Canterbury. You couldn't ask for a more compatible group of friends.

Of course, we'll continue to visit and hope you will be able to tear yourself away long enough to visit too. Your grandson is already planning to spend the night with you in your new apartment in Lynchburg. That's going to be such a nice neighborhood, with all the trees and lovely homes near by.

I guess the first thing you'll have to do is decide what furniture you're going to take. Or do you think you'll just start from scratch and create a whole new lifestyle for yourself? What an opportunity. I'm sure you're looking forward to that new stove and refrigerator. I think it's smart that each apartment has its own kitchen as well as its own individual climate controls. Features like these plus all the security measures make that monthly fee a real bargain.

I'm sure that it must be a relief knowing that you'll have lifelong nursing care and be cared for so wonderfully.

I bet the decision was a big one; I know that the initial cost was at least $27,500. But the more I think about it, the better a deal it seems—again primarily because of the guaranteed medical care program. The parents of some friends of mine recently spent more than that in a single year for medical care. It's just good insurance.

It's hard to believe that that amount will cover all your major living expenses—rent and all utilities, housekeeping services, being able to enjoy all your meals in that luxurious dining room, plus having all the facilities and grounds of Westminster-Canterbury to enjoy on your own terms.

It sounds like you're going to have quite a staff—gardeners, maintenance men, cooks, receptionists, guards, hairdressers, and of course nurses. I understand the Health Care Wing will have registered and practical nurses on duty all the time with physicians making regularly scheduled visits and always available on call. What a system!

I'm glad you'll continue your volunteer work. And I hope you will plan to drive down to visit us soon. Just make sure you get the car inspected! Will you keep your same telephone number? Write and let us know. And send another brochure. You won't believe how many people here are interested now that you've made your decision.

I'm really proud of you. We're all looking forward to being your first visitors just as soon as you move in to your new home at Westminster-Canterbury.

With love,
Your son

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